

A Day at the Breech

One day workshop

- Organizer:** NGO Birth House Stork
- Date:** September 22, 2017
- Venue:** Hotel ILF, Budějovická 15/743, Praha 4
www.hotel-ilf.cz
- Aim groups:**
- Obstetric and midwifery care providers
 - Midwifery and medical students
- Lecturer:** Jane Evans, midwife, UK
- Official languages:** Czech and English; interpreted

Abstract: The breech presentation is a frequent reason for Caesarean section not only in the Czech Republic, especially considering primiparas. C. section as such poses a higher risk on women as it is a big abdominal operation. In addition it becomes a handicap for the next birth and thus may become a reason for the second C. section in the next pregnancy.

Medicated breech birth, actively managed by the care providers, may be traumatizing for the mother and exhausting event for the care providers.

Both parties are scared. This fear brings the care providers in a vicious circle: I am afraid of breech birth – I avoid assisting the breech birth – I better indicate C. section – thus I am continually losing normal breech birth experience and skills – my fear grows – I avoid the breech birth more and more...

And still there is an elegant way how to let nature work and become an active observer. The activity here is presented by careful judging the babies position and presentation and doing the risk selection, plus providing gentle guidance to the mother, supporting her in natural breech birth.

- We will learn:**
- which situations are appropriate for natural breech birth
 - about criteria of safety criteria
 - when the active medical guidance should be recommended or C. section done
 - on models about the natural breech birth mechanism (the woman is on all four) and will explain how it differs from active approach to breech birth (the woman on her back laying or half sitting)

About the lecturer:



Jane Evans (UK) has been a midwife since more than 35 years. For 20 years she has been working within UK NHS . Very often she has been assisting women at homebirth. Since 1991 she has been working as an independent midwife. During the years of practice she gained wide experience with twin and breech births. She is convinced that natural breech birth poses the lowest possible risk on birthing women, but it still should be conducted in hospitals. Her utter interest is to raise the knowledge and skills of doctors and midwives about the natural breech birth.

She organizes seminars on national and international level called “A Day at the Breech”.

Jane is a mother of 4 adult children. She has got 3 granddaughters, one of which was born breech.

Time schedule of the day:

8,30 – 9,00	Registration
9,00 – 10,30	Lecture
10,30 – 11,00	Break
11,00 – 12,30	Lecture
12,30 – 14,00	Lunch
14,00 – 15,30	Lecture
15,30 – 16,00	Break
16,00 – 17,30	Lecture and evaluation of the day

The teaching day comprises 8 lessons (1 lesson = 45 min.)

Registration fee

Participation in two days program, refreshment during the breaks and buffet lunch are included in registration fee.

	Two-times payment with the advanced payment		One-time payment till 10. 9. *)	One-time payment after 10. 9. ***)
	Non-refundable deposit till 30. 6. **)	Outstanding sum till 10. 9.		
Gyn.-obs. doctors	40 EUR	90 EUR	140 EUR	170 EUR
Midwives	40 EUR	70 EUR	110 EUR	170 EUR
Students	25 EUR	30 EUR	65 EUR	170 EUR

*) 40 EUR cancellation fee would be deducted from the refunded amount in case of late cancellation by the participant.

**) The advanced payment would be refunded in case the event would be cancelled by the organizer.

***) 110 EUR cancellation fee would be deducted from the refunded amount in case of late cancellation by the participant.

The date when the money is credited on the Birth House Stork account is decisive for the amount to be paid.

Registration form

Please, fill in the on-line registration form [here](#).