

# Up to the Roots of Midwifery

„Properly educated and well informed midwives  
support and protect health of the mother and the baby.“

three days' workshop

**Date:** 2. – 4. 11. 2017

**Venue:** **JABOK** - Social Pedagogy and Theology College, great hall,  
Salmovská 8, Praha 2

**Aim groups:** a. Obstetric care providers (obstetricians, midwives) regardless environment they work in.  
b. Midwifery and medical students

**Lecturer:** Barbara Kosfeld

**Official languages:** English – Czech interpreted

**Workshop description:** Pregnancy, childbirth and the postpartum time are undisputedly bound. Since ever it was the task of experienced and wise midwives to guide the pregnant women through this very important time of their lives.

Through the centuries midwives have observed and used rules. These rules make midwives more competent and enable them to support healthy pregnancy and natural course of birth regardless the environment the woman has chosen for her birth or the midwife works. Mrs Kosfeld works with anatomical pictures and historical resources written in old German (coming up from 16. century). She translates the texts and searches for information, which is constantly repeated throughout the centuries and builds them up in contemporary context.

Modern obstetrics is governed by technology. Overall, this reduces woman's ability to become close to her developing baby, sense her own body, and take care of health of their own body. Midwifery is also considerably under the influence of modern technology. Midwives are slowly forgetting the historically proven rules of normal, natural birth support. As a consequence they lose the ability to support the women in care of their own healthy pregnancy and in their decision to experience a normal natural birth, which brings the lowest possible risk to healthy birthing woman and her baby.

### Time schedule of the day:

8,30 – 9,00	Registration
9,00 – 10,30	Lecture
10,30 – 11,00	Break
11,00 – 12,30	Lecture
12,30 – 14,00	Lunch
14,00 – 15,30	Lecture
15,30 – 16,00	Break
16,00 – 17,30	Lecture and evaluation of the day

The teaching day comprises 8 lessons (1 lesson = 45 min.)

### About the lecturer



Mrs **Barbara Kosfeld, MA, MSc, MgA, MBA** is a unique midwife in Europe. Her best quality is her deep knowledge, long practice and experience in primary obstetric care bound to great ability to hand over the information in comprehensive and clear way. Her ability to explain the succession and combination of facts and include a combination of cause and effect in teaching about safe midwifery care, is crucial. As soon as midwives would acquire this knowledge and they will also be able to "read" the expected birth in advance.

Mrs Kosfeld has studied master program in comparative literature. She has been trained by midwives who practiced during World War II. She gained her midwifery knowledge in times when there was not technology overwhelming obstetrics and midwifery. This way Mrs Kosfeld has got a unique possibility to combine the ancient knowledge of traditional midwives with the investigation of contemporary modern technology. After four years of midwifery studies and three years of practical training in hospital, she has become a midwife (1989). In 1994 she has found an autonomous midwifery practice and later on Pegasus Birth House in Aachen (1994). A year later she has started Midwifery Academy. In 2000 she has organized the first pan-European midwifery congress, in Aachen, devoted to out-of- hospital births.

Barbara works as a consultant, advisor and lecturer in Germany, Belgium, Austria and other European countries. She advises gynaecologic and obstetric wards about restructuring their working teams, launching new systems and reconstructions of delivery suites. She advises midwives about starting their practices. In her seminars Barbara points out how historically proven practice reflects in modern current research. She emphasizes the responsibility of midwives for their own work and the importance of midwifery support to women's health, the health of babies and the whole families. Since 2002 she lectures very successful and favourite seminars also in the Czech Republic organized by the NGO Birth House Stork.

Barbara has been working in community setting for more than 25 years. She has helped more than 1500 birthing women, including breech and twin births, and their babies.

Since 2012 she has devoted her professional life to studies of historical literature (midwifery textbooks from 17. – 19. century) She tries to revive the art of midwifery by application of immemorial midwifery wisdom in practice.

Barbara is a mother of three children.

## Registration fee:

Participation in scientific program, refreshment during the coffee breaks and a simple lunch are in-

	One-time payment till 31.7. *)	Two-times payment with the advanced payment		One-time payment till 20.10. *)	One-time payment after 20.10. ***)
		Non-refundable deposit till 31.7. **)	Outstanding sum till 20.10.		
<b>Gyn.-obs. doctors</b>	230 EUR	80 EUR	150 EUR	260 EUR	280 EUR
<b>Midwives</b>	200 EUR	80 EUR	120 EUR	240 EUR	280 EUR
<b>Students</b>	95 EUR	40 EUR	55 EUR	110 EUR	280 EUR

cluded in the registration fee.

\*) 80 EUR cancellation fee would be deducted from the refunded amount in case of late cancellation by the participant.

\*\*\*) The advanced payment would be refunded in case the event would be cancelled by the organizer.

\*\*\*) 160 EUR cancellation fee would be deducted from the refunded amount in case of late cancellation by the participant.

The date when the money is credited on the Birth House Stork account is decisive for the amount to be paid.

## Registration form

Please, fill in the on-line registration form [here](#).